



The Cycling Association of Hong Kong, China Limited

Applicants aged 65 or above declaration for training courses

Name of the course:	
Applicant Name :	Identity Certificate No.(First 4 symbols) : e.g. : A123
Date of birth(DD/MM/YYYY) :	Contact No. :
Email Address :	

Note: Please read the contents carefully and sign the declaration of the applicants aged 65 or above issued by The Cycling Association of Hong Kong, China Limited. All information is limited to authorized personnel of The Cycling Association of Hong Kong, China Limited.

Disclaimer

I understand that cycling activities are highly hazardous and grave personal injury or death may result therefrom. I declare that I am physically fit, sufficiently trained and well equipped for the races. The Cycling Association of Hong Kong, China Limited (“CAHK”) shall not be liable for any injury or death which I may suffer in the races, due to my own negligence or inadequacy in health and fitness.

Declaration (Please mark a “✓” in one of the following boxes)

I hereby declare that:

- 1. I am a frequent participant in physical activities and am capable of participating in this activity. Therefore, I do not need to produce any medical certificate to prove that I am able to participate in this activity. The Leisure and Cultural Services Department shall not be liable for any injury or death I may suffer in this activity. I understand that if I have any doubts about my ability, I should consult a doctor before taking part in the activity.
- 2. I am not a frequent participant in physical activities. However, I have been examined by a doctor and certified as physically fit for participating in this activity. A copy of the medical certificate is attached for reference.

Signature of Applicant : _____ Date : _____